

# April 2024 Pathways Vermont Community Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
	Drop-in Hours 10a-1p Laughter Yoga 1:15-2:15p	Drop-in Hours 10a-1p Mindfulness 1-2p Hearing Voices 3-4p Writing Circle 4-5:30p	Drop-in Hours 10a-1p <i>Anxiety Relief Group 4-5:30p</i> Community Cooking 6-8p	Drop-in Hours 10a-1p	Drop-in Hours 10a-2p Open Art Studio 11a-1p <b>Game Time 2-4p</b>	
7	8	9	10	11	12	13
	PVCC Closed <b>Eclipse Party 2-4p</b>	Drop-in Hours 10a-1p Mindfulness 1-2p Hearing Voices 3-4p Writing Circle 4-5:30p	Drop-in Hours 10a-1p <i>Anxiety Relief Group 4-5:30p</i> Community Cooking 6-8p	Drop-in Hours 10a-1p Job Seeking 1:30-3p	Drop-in Hours 10a-2p Open Art Studio 11a-1p <b>Karaoke 2-4p</b>	
14	15	16	17	18	19	20
	Drop-in Hours 10a-1p Laughter Yoga 1:15-2:15p <b>Monthly Movie 2:15-4p</b>	Drop-in Hours 10a-1p Mindfulness 1-2p Hearing Voices 3-4p Writing Circle 4-5:30p	Drop-in Hours 10a-1p <i>Anxiety Relief Group 4-5:30p</i> Community Cooking 6-8p	Drop-in Hours 10a-1p Job Seeking 1:30-3p	Drop-in Hours 10a-2p Open Art Studio 11a-1p <b>Jam Time 2-4p</b>	
21	22	23	24	25	26	27
	Drop-in Hours 10a-1p <b>Community Lunch 11:30a-1p</b> Laughter Yoga 1:15-2:15p	<b>Narcan Training 9a</b> Drop-in Hours 10a-1p Mindfulness 1-2p Hearing Voices 3-4p Writing Circle 4-5:30p	Drop-in Hours 10a-1p <i>Anxiety Relief Group 4-5:30p</i> Community Cooking 6-8p	Drop-in Hours 10a-1p Job Seeking 1:30-3p	Drop-in Hours 10a-2p Open Art Studio 11a-1p <b>Open Mic 2-4p</b>	
28	29	30	1	2	3	4
	Drop-in Hours 10a-1p Laughter Yoga 1:15-2:15p	<b>PVCC Breakfast 10a</b> Drop-in Hours 10a-1p Mindfulness 1-2p Hearing Voices 3-4p Writing Circle 4-5:30p	Drop-in Hours 10a-1p <i>Anxiety Relief Group 4-5:30p</i> Community Cooking 6-8p	Drop-in Hours 10a-1p Job Seeking 1:30-3p	PVCC Center Programming <i>Online Zoom Group</i> <b>Special Event</b>	