

July 2024 Pathways Vermont Community Center Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5	6
	Drop-in Hours 10a-1p Laughter Yoga 1:15-2:15p	Drop-in Hours 10am - 1pm Hearing Voices 3-4pm Writing Circle 4-5:30pm	Drop-in Hours 10am - 1pm <i>Anxiety Relief Group 4-5:30pm</i> Community Cooking 6-8pm	PVCC Closed for the Holiday	Drop-in Hours 10a-2p Art Studio Closed Mindfulness 1-2p Game Time 2-4p	
7	8	9	10	11	12	13
	Drop-in Hours 10a-1p Beauty Parlor 12p-1p Laughter Yoga 1:15-2:15p	Drop-in Hours 10a-1p Hearing Voices 3-4pm Writing Circle 4-5:30pm	Drop-in Hours 10a-1p <i>Anxiety Relief Group 4-5:30pm</i> Community Cooking 6-8pm	Drop-in Hours 10a-1p Job Seeking 1:30-3p Suicide Support 4-5p	Drop-in Hours 10a-2p Open Art Studio 11a-1p Signmaking 11am-12pm Mindfulness 1:15-2:15pm Karaoke 2-4p	Mad Pride 12pm March 1pm-3pm Battery Park!
14	15	16	17	18	19	20
	Drop-in Hours 10a-1p Laughter Yoga 1:15-2:15p	Drop-in Hours 10a-1p PVCC Picnic 1-2pm Hearing Voices 3-4pm Writing Circle 4-5:30pm	Drop-in Hours 10a-1p <i>Anxiety Relief Group 4-5:30pm</i> Community Cooking 6-8pm	Drop-in Hours 10a-1p Job Seeking 1:30-3p Suicide Support 4-5p	Drop-in Hours 10a-2p Open Art Studio 11a-1p Mindfulness 1:15-2:15pm Jam Time 2-4pm	
21	22	23	24	25	26	27
	Drop-in Hours 10a-1p Laughter Yoga 1:15-2:15p Aromatherapy 1:15-2:15p	Drop-in Hours 10a-1p Hearing Voices 3-4pm Writing Circle 4-5:30pm	Drop-in Hours 10a-1p <i>Anxiety Relief Group 4-5:30pm</i> Community Cooking 6-8pm	Drop-in Hours 10a-1p Job Seeking 1:30-3p Suicide Support 4-5p	Drop-in Hours 10am - 2pm Mindfulness 1:15-2:15pm Open Mic 3-5pm	
28	29	30	31	1	2	3
	Drop-in Hours 10a-1p Laughter Yoga 1:15-2:15p	PVCC Breakfast 10am Drop-In Hours 10a-1p Hearing Voices 3-4pm Writing Circle 4-5:30pm	Drop-in Hours 10a-1p <i>Anxiety Relief Group 4-5:30pm</i> Community Cooking 6-8pm	Drop-in Hours 10a-1p Job Seeking 1:30-3p Suicide Support 4-5p	Drop-in Hours 10a-2p Art Studio Closed Mindfulness 1-2p Game Time 2-4p	KEY PVCC Center Programming <i>Online Zoom Group</i> Special Event