

# October 2024 Pathways Vermont Community Center Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	Drop-in Hours 10a-1p <i>Laughter Yoga 1:15-2:15p</i>	Drop-in Hours 10a-1p Hearing Voices 2:30-4p <i>Writing Circle 4-5:30p</i>	Drop-in Hours 10a-1p <i>Anxiety Relief 4-5:30pm</i> Community Cooking 6-8pm	Drop-in Hours 10a-1p Job Seeking 1:30-3p Suicidal Support 4-5p	Drop-in Hours 10a-2p Open Art Studio 11a-1p Mindfulness 1:15-2:15pm <b>Karaoke 2-3p</b>	
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
	Drop-in Hours 10a-1p <i>Laughter Yoga 1:15-2:15p</i>	Drop-in Hours 10a-1p Hearing Voices 2:30-4p <i>Writing Circle 4-5:30p</i>	Drop-in Hours 10a-1p <i>Anxiety Relief 4-5:30pm</i> Community Cooking 6-8pm	Drop-in Hours 10a-1p Job Seeking 1:30-3p Suicidal Support 4-5p	Drop-in Hours 10a-2p Open Art Studio 11a-1p Mindfulness 1:15-2:15pm <b>PVCC Olympics 2-3p</b>	
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
	Drop-in Hours 10a-1p <i>Laughter Yoga 1:15-2:15p</i>	Drop-in Hours 10a-1p Hearing Voices 2:30-4p <i>Writing Circle 4-5:30p</i>	Drop-in Hours 10a-1p <i>Anxiety Relief 4-5:30pm</i> Community Cooking 6-8pm	<b>PVCC Closed</b> <b>for All Staff Meeting</b> 😞	<b>Workers Center 11am</b> Drop-in Hours 10a-2p Open Art Studio 11a-1p Mindfulness 1:15-2:15pm <b>Open Mic 2-3p</b>	
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
	Drop-in Hours 10a-1p <i>Laughter Yoga 1:15-2:15p</i>	Drop-in Hours 10a-1p Hearing Voices 2:30-4p <i>Writing Circle 4-5:30p</i>	Drop-in Hours 10a-1p <i>Anxiety Relief 4-5:30pm</i> Community Cooking 6-8pm	Drop-in Hours 10a-1p Job Seeking 1:30-3p Suicidal Support 4-5p	Drop-in Hours 10a-2p Open Art Studio 11a-1p Mindfulness 1:15-2:15pm <b>Game Time 2-3p</b>	<b>KEY</b> PVCC Programming <i>Hybrid</i> <b>Special Event</b>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>		
	<b>PVCC Breakfast 10am</b> Drop-in Hours 10a-1p <b>Town Hall 11am</b> <i>Laughter Yoga 1:15-2:15p</i>	<b>FreeHer Talk 11am</b> Drop-in Hours 10a-1p <b>Tarot Reading 10am</b> Hearing Voices 2:30-4p <i>Writing Circle 4-5:30p</i>	Drop-in Hours 10a-1p <i>Anxiety Relief 4-5:30pm</i> Community Cooking 6-8pm	<b>Halloween Party 10am</b> Drop-in Hours 10a-1p Job Seeking 1:30-3p Suicidal Support 4-5p	Drop-in Hours 10a-2p Open Art Studio 11a-1p Mindfulness 1:15-2:15pm <b>Karaoke 2-3p</b>	<b>KEY</b> PVCC Programming <i>Hybrid</i> <b>Special Event</b>