

February 2025 Pathways Vermont Community Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7	8
	Drop-in Hours 10am-1pm <i>Disability Group 1:15pm</i>	Drop-in Hours 10am-1pm Hearing Voices 2:30-4pm <i>Writing Circle 4-5:30pm</i>	Drop-in Hours 10am-1pm Community Meeting 12-1pm <i>Anxiety Relief Group 4-5:30pm</i> Community Cooking 6-8pm	Drop-in Hours 10am-1pm Suicidality Support 4-5p	Drop-in Hours 10am-2pm Open Art Studio 11am-1pm <i>Laughter Yoga 1:15-2:15pm</i> Karaoke 1-2pm <i>Trauma Support 4-5pm</i>	
9	10	11	12	13	14	15
	Drop-in Hours 10am-1pm <i>Disability Group 1:15pm</i>	Drop-in Hours 10am-1pm Hearing Voices 2:30-4pm <i>Writing Circle 4-5:30pm</i>	Drop-in Hours 10am-1pm <i>Anxiety Relief Group 4-5:30pm</i> Community Cooking 6-8pm	Drop-in Hours 10am-1pm Suicidality Support 4-5p	Drop-in Hours 10am-2pm Open Art Studio 11am-1pm <i>Mindfulness 1:15-2:15pm</i> Movie Time 12-2pm <i>Trauma Support 4-5pm</i>	
16	17	18	19	20	21	22
	Drop-in Hours 10am-1pm <i>Disability Group 1:15pm</i>	Drop-in Hours 10am-1pm Hearing Voices 2:30-4pm <i>Writing Circle 4-5:30pm</i>	Drop-in Hours 10am-1pm <i>Anxiety Relief Group 4-5:30pm</i> Community Cooking 6-8pm	Drop-in Hours 10am-1pm Suicidality Support 4-5p	Drop-in Hours 10am-1pm Open Art Studio 11am-1pm <i>Laughter Yoga 1:15-2:15pm</i> Game Time 1-2pm <i>Trauma Support 4-5pm</i>	
23	24	25	26	27	28	
	Drop-in Hours 10am-1pm Community Breakfast 10:30am-12pm <i>Disability Group 1:15pm</i>	Drop-in Hours 10am-1pm Hearing Voices 2:30-4pm <i>Writing Circle 4-5:30pm</i>	Drop-in Hours 10am-1pm <i>Anxiety Relief Group 4-5:30pm</i> Community Cooking 6-8pm	Drop-in Hours 10am-1pm Suicidality Support 4-5p	Drop-in Hours 10am-1pm Open Art Studio 11am-1pm <i>Mindfulness 1:15-2:15pm</i> Open Mic 1-2pm <i>Trauma Support 4-5pm</i>	KEY
						Recurring Programming <i>Hybrid In-Person and Online Group</i>
						Special Event