

April 2025 Pathways Vermont Community Center

Free lunch every day at 12pm!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
	Drop-in Hours 10am-1pm <i>Disability Group 1:15pm</i>	Drop-in Hours 10am-1pm Hearing Voices 2:30-4pm <i>Writing Circle 4-5:30pm</i>	Drop-in Hours 10am-1pm Housing Navigation 12-1pm <i>Anxiety Relief Group 4-5:30pm</i> Community Cooking 6-8pm	Drop-in Hours 10am-1pm Suicidality Support 4-5p	Drop-in Hours 10am-2pm Open Art Studio 11am-1pm <i>Laughter Yoga 1:15-2:15pm</i> <i>Trauma Support 2:15-3:15p</i>	
6	7	8	9	10	11	12
	Drop-in Hours 10am-1pm PVCC Town Hall 12pm <i>Disability Group 1:15pm</i>	Drop-in Hours 10am-1pm Hearing Voices 2:30-4pm <i>Writing Circle 4-5:30pm</i>	Drop-in Hours 10am-1pm Housing Navigation 12-1pm <i>Anxiety Relief Group 4-5:30pm</i> Community Cooking 6-8pm	Drop-in Hours 10am-1pm Suicidality Support 4-5p	Drop-in Hours 10am-2pm Open Art Studio 11am-1pm <i>Mindfulness 1:15-2:15pm</i> <i>Trauma Support 2:15-3:15p</i>	
13	14	15	16	17	18	19
	Drop-in Hours 10am-1pm <i>Disability Group 1:15pm</i>	Clothing Mending! Drop-in Hours 10am-1pm Hearing Voices 2:30-4pm <i>Writing Circle 4-5:30pm</i>	Drop-in Hours 10am-1pm Housing Navigation 12-1pm <i>Anxiety Relief Group 4-5:30pm</i> Community Cooking 6-8pm	Drop-in Hours 10am-1pm Suicidality Support 4-5p	Drop-in Hours 10am-1pm Open Art Studio 11am-1pm <i>Laughter Yoga 1:15-2:15pm</i> <i>Trauma Support 2:15-3:15p</i>	
20	21	22	23	24	25	26
	Turtle Day! Drop-in Hours 10am-1pm <i>Disability Group 1:15pm</i>	Drop-in Hours 10am-1pm Hearing Voices 2:30-4pm <i>Writing Circle 4-5:30pm</i>	Drop-in Hours 10am-1pm Housing Navigation 12-1pm <i>Anxiety Relief Group 4-5:30pm</i> Community Cooking 6-8pm	Drop-in Hours 10am-1pm Suicidality Support 4-5p	Drop-in Hours 10am-1pm Open Art Studio 11am-1pm <i>Mindfulness 1:15-2:15pm</i> <i>Trauma Support 2:15-3:15p</i> Talent Show! 6-8pm	Recurring Programming <i>Hybrid In-Person and Online Group</i> Special Event