

November 2025 Pathways Vermont Community Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7	8
	Disability Group 1:15-2-45pm at the Library and online	Hearing Voices 2:30-3:30pm at the Vermont Wellness Collaborative and online	Anxiety Relief Group 4-5:30pm at the library and online	Conversations about Suicide 3:45pm	Open Art Studio 12-2pm 140 Mansfield Ave	
	Disability Group	<i>Writing Circle 4-5:30pm</i> at the library and online	Community Cooking at Outright Vermont 6-8pm		Laughter Yoga 4:30-5:30p 74 Main St and online	
9	10	11	12	13	14	15
	Disability Group 1:15-2-45pm at the Library and online	NO PROGRAMMING IN OBSERVANCE OF VETERAN'S DAY	Anxiety Relief Group 4-5:30pm at the library and online	Conversations about Suicide 3:45pm	Open Art Studio 12-2pm 140 Mansfield Ave	
	Disability Group		Community Cooking at Outright Vermont 6-8pm		Mindfulness 4:30-5:30p 74 Main St and online	
16	17	18	19	20	21	22
	Disability Group 1:15-2-45pm at the Library and online	Hearing Voices 2:30-3:30pm at the Vermont Wellness Collaborative and online	Anxiety Relief Group 4-5:30pm at the library and online	Conversations about Suicide 3:45pm	Open Art Studio 12-2pm 140 Mansfield Ave	
	Disability Group	<i>Writing Circle 4-5:30pm</i> at the library and online	Community Cooking at Outright Vermont 6-8pm		Laughter Yoga 4:30-5:30p 74 Main St and online	
23	24	25	26	27	28	29
	Disability Group 1:15-2-45pm at the Library and online	Hearing Voices 2:30-3:30pm at the Vermont Wellness Collaborative and online	Anxiety Relief Group 4-5:30pm at the library and online	NO PROGRAMMING HAPPY THANKSGIVING	Open Art Studio 12-2pm 140 Mansfield Ave	
	Disability Group	<i>Writing Circle 4-5:30pm</i> at the library and online	Community Cooking at Outright Vermont 6-8pm		Mindfulness 4:30-5:30p 74 Main St and online	